

Recreation Newsletter

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AROUND ST. CLEMENTS

RM of St. Clements Open House: On Friday, June 14 from 2 - 7 pm at the East Selkirk Arena. Bigger and better than ever - food, fun for the kids, displays, equipment and more! Council and staff will be on hand to answer questions.

East Selkirk Recreation Association AGM: All are welcome on Tuesday, June 4 at 6:30 pm at the East Selkirk Arena.

Brokenhead Wetland Interepetive Trail Discovery

Day: Saturday, June 22 from 10 am - 2 pm. Learn about indigenous medicinal plants along with native orchids and carnivorous plants.

53rd Annual Manitoba Highland Gathering: Saturday & Sunday, June 22 & 23 at
Legacy Park at the East Selkirk
Rec Centre in East Selkirk.



Brokenhead Wetland Interpretive Trail, one km south of Hwy 12 on Hwy 59

Home Safety Tips

Follow these tips to improve safety around your home:

- · Always keep doors locked, including your garage door
- Close and lock windows when you leave your home
- If you have an alarm, arm it when you leave home
- Keep your vehicle locked even when it is in your garage or driveway
- Use timers on indoor lights and tamper-proof motion sensor lights around the perimeter of your home
- Make sure your house number is visible day and night
- Install a door viewer and know who is at your door before you open it
- Join a Citizens on Patrol Program (COPP) group to encourage everyone to keep an eye out for suspicious activity and share the information with each other and the police

Sign up for COPP at <u>citizensonpatrol.mb.ca</u>.



Register now for St. Clements
Connect at rmofstclements.
com/connect to receive
emergency alerts and news that
affect you and your property.

Choose how you want to receive these alerts:

- · By cell phone
- By landline telephone
- By email

The recreation newsletter will be published on the first of every month.

Submit your event online by the 15th of the month at rmofstclements.com/submit

EVENTS More details on these events at rmofstclements.com/events/

Moving With Muscle 55+	Tues until June 11	9 - 10 am	Drop ins only -\$10	Corpus Christi Hall
Yoga/Pilates 55+	Thurs until June 13	9 - 10 am	Drop ins only -\$10	Corpus Christi Hall
Zumba	Thurs until June 13	6:30 - 7:30 pm	CLASS FULL - no drop ins	Corpus Christi Hall
Victoria Beach Country Market	Saturdays, June 15 - August 31	10 am - 1 pm		Victoria Beach Community Centre
Badminton	Sundays Wednesdays	1-4 pm 7 - 9:30 pm	\$4 drop in fee	Lord Selkirk High School East Selkirk Middle School
Rhyme, Songs, Snacks & Play	Mondays (no class May 20)	10 - 11:30 am	Children up to 5 years and their caregiver	Libau Community Club
Red River North Photography Club	Last Thurs of every month	6:30 - 8 pm	Open to all, free of charge	Gaynor Family Regional Library
Circle of Friends	Fridays	1 - 3 pm	Seniors' program	Gaynor Family Library
Blood Donor Clinic	Tues, June 4	4 - 8 pm	Book at blood.ca	Selkirk Rec Complex
East of the Red Artists Tour	Sat & Sun, June 1 & 2	10am - 5 pm	Free admission	RM's of East St. Paul, St. Clements and Springfield
East Selkirk Rec AGM	Tues, June 4	6:30 pm	All welcome	East Selkirk Arena
Libau CC Spring Flea/ Farmer's Market	Fri, June 7 Sat, June 8	11 am - 7 pm 9 am - 4 pm		Libau Community Club
WAVE Artist's Studio Tour	Sat and Sun, June 8 & 9	All day	Interlake artists open their studios	Interlake region
RM of St. Clements Open House	Fri, June 14	2-7pm	Food, fun, displays & more	East Selkirk Arena
Libau CC End of School Dance	Fri, June 14	7 - 9 pm	\$2/person, \$5/family	Libau Community Club
Brokenhead Wetland Interpretive Trail Discovery Day	Sat, June 22	10 am - 2 pm	\$10 admission, children under ten free	Brokenhead Wetland Interpretive Trail
Manitoba Highland Gathering	Sat & Sun, June 22 & 23	10 am - 6 pm	53rd Annual	Legacy Park, East Selkirk Rec Centre
Lower Fort Garry Day Camp	July and August	Weekly		Lower Fort Garry

Have your organization listed on our website! Send your info to communications@ rmofstclements.com

If you have an interest in having us bring health, fitness or training opportunities to the RM of St. Clements, email Rec Manager David Cain at <u>recreation@rmofstclements.com</u>