

Recreation July 1, 2019 Vol. 1 Issue 5



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AROUND ST. CLEMENTS

Grand Marais Canada Day Fireworks: Monday, July 1, 2019 at dusk at Grand Beach.

Yoga: Every Monday until September 2 from 10:30 to 11:30 am at Grand Marais Community Central. Cost is \$12 to drop in and \$8 for members.

GMCC Central Market: Until August 31 on Fridays from 3 -7 pm and Saturdays from 10 am to 2 pm at Grand Marais Community Central.

Victoria Beach Country Market: Saturdays until August 31 from 10 am to 1 pm at the Victoria Beach Community Club.

Grand Marais Seniors Centre Pancake Breakfast: Saturday, July 27 from 9 am to 11 am at Grand Marais Community Central. \$6 for adults and \$3 for children under 12.



Garden & Art Tour

The second annual Garden & Art tour is on Sunday, July 21, 2019 from 10 am to 4pm.

Tour beautiful gardens and enjoy amazing art, music and authors among the flowers of private yards and public sites along the Red River North.

Tickets are \$30 and available online at redrivernorthtourism.com or at Harry's Foods, Gaynor Family Regional Library, and various Cambrian Credit Union Branches.



The recreation newsletter will be published on the first of every month.

Submit your event online by the 15th of the month at rmofstclements.com/ submit



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EVENTS More details on these events at rmofstclements.com/events/

Yoga	Mondays until	10:30 - 11:30 am	\$12 drop in, \$8	Grand Marais
<u> </u>	September 2		members	Community Central
Yoga in the Park	Fridays until Aug 30	6:45 - 7:45 am	\$15 drop in	Queen's Park, Selkirk
GMCC Central Market	Friday & Saturdays until August 31	Fri 3 - 7 pm Sat 10 am - 2 pm		Grand Marais Community Central
Victoria Beach Country Market	Saturdays until August 31	10 am - 1 pm		Victoria Beach Community Centre
Lower Fort Garry Day Camp	Mon-Fr until August 23	9 am - 4 pm		Lower Fort Garry
Red River North Photography Club	Last Thurs of every month	6:30 - 8 pm	Open to all, free of charge	Gaynor Family Regional Library
Circle of Friends	Fridays	1 - 3 pm	Seniors' program	Gaynor Family Library
Canada Day Fireworks	Monday, July 1	Dusk		Grand Beach
Grand Marais Senior Citizens Canada Day Table	Monday, July 1	10 am - 3 pm	Perogies, books, raffle for a 1 night stay at South Beach Casino	Grand Marais Community Central
Blood Donor Clinic	Tues, July 2	4 - 8 pm	Book at blood.ca	Selkirk Rec Complex
Winnipeg Folk Festival	Thurs - Sun, July 11-14	All day		Birds Hill Provincial Park
Triple "S" Fair & Rodeo	Fri - Sun, July 12-14	All day		Selkirk Park
Summer Winds Family Music Festival	Fri & Sat, July 19-20		Randy Bachman and more	Victoria Beach
Garden & Art Tour	Sunday, July 21	10 am - 4 pm	Presented by Red River North Tourism	Selkirk area
Grand Marais and District Seniors' Pancake Breakfast	Saturday, July 27	9 - 11 am	\$6 for adults, \$3.00 children under 12, tickets at the door	Grand Marais Community Central
2019 Medieval Festival	Sun & Mon, July 28 - 29		A 2-day festival of music, dance, chivalry, food and merriment	Immaculate Conception Church and Grotto, Cooks Creek
Birds Hill Provincial Park & Grand Beach Provincial Park Interpretive Programs	July & August	Various times	Complete listing at: gov.mb.ca/sd/parks/ education-and- interpretation/event- listings.html	Birds Hill Provincial Park, Grand Beach Provincial Park

Have your organization listed on our website! Send your info to <u>communications@</u> rmofstclements.com If you have an interest in having us bring health, fitness or training opportunities to the RM of St. Clements, email Rec Manager David Cain at recreation@rmofstclements.com