### **RM OF ST. CLEMENTS**

# St. Clements Activity Centre and Park

A Place to Connect, A Place to Enjoy





Children, youth, adults, and seniors need a place to meet and participate in wellness, recreation, social, arts and cultural activities in South St. Clements. Presently there is no destination that brings the community together and holds them together. Opportunities to gather with friends and neighbors are missing in the community. The value of a community gathering spot is huge. The activities become the "magnet and the glue" for bringing people together, creating friendships and social connections.

#### MIKE & MARY'S STORY

Mike and Mary have lived in south St. Clements their entire married lives. That is where they built their home, raised their children and commuted to work. Their three children were all in various activities so Mike and Mary spent countless hours chauffeuring them to East Selkirk, St. Andrews and Winnipeg. Now as Mike and Mary are in their golden years, their lives have slowed down considerably. Both are retired and their children are adults with busy lives of their own. Where days once flew by, they now often drag. Their once full calendar is often bare and they find themselves dreading another long, cold winter. They envy their friends in Winnipeg Beach who are constantly on the go. The Winnipeg Beach Community Centre offers a wide range of activities from pickle ball, badminton, walking club, crib and whist to just name a few. Mike and Mary did love to socialize but now having to commute to various centres outside of their own community has become a hindrance. Driving long distances in often treacherous conditions has basically put a stop to any form of spending time with other seniors. Mary has found herself slipping into depression as days turn into weeks where she has had little interaction with anyone other than Mike. She's also noticed how forgetful Mike has become, as well as his lack of interest in going anywhere. It has become difficult to find a reason to get out of bed in the morning as there is really no reason to. She has begun to regret not selling their home years ago and moving to a community where recreational services are closer.

#### **BLAIR'S STORY**

Blair is my daughter, she is 7 years old and a bundle of energy and imagination, she lives with myself and her mother on Donald Road. She is bused to school 5 days a week, after school she goes to a day care. Both myself and my wife work away from home, both of us have a 45 minute commute to our work. On the way home from work we pick up Blair, arrive home, have supper, do chores, relax, play with Blair, get her to bed and turn in ourselves. This is our routine Monday to Friday, by the weekend we are tired and we need to prepare for the next week, grocery shopping, house cleaning maintenance, yard work etc. If we want to do recreation activities we need to travel outside our community which can be a barrier (travel, cost, time etc.). The community doesn't have a neighbourhood public space for recreation activities and services. This is very unfortunate for Blair and everyone in the entire community.

Together, we can change their world.

## **Our Vision**

### The vision is to develop an activity centre and park in Narol.

The proposed South St. Clements recreation destination will provide a multipurpose building of 10,300 sq. ft. on a 10 acre parcel of land. The multipurpose building will allow for a variety of uses and opportunities. The park, within the 10 acres, provides a place for children and families to connect with nature and outdoor recreation. Some of the features are a retention pond, a source for geothermal heat and cooling for the future building, skating and sliding toboggan hill in the winter, a 500 meter pathway, a play structure and heritage interpretation. An outdoor stage and a splash pad will be in future development. The development of the park has commenced.

Prevention is key to a healthy community.

The mission of the multiuse St. Clements Activity Centre and Park, is to develop a sustainable cultural, social, educational and recreational meeting place that links the past, the present and future of the community; that promotes the protection of the environment; that fosters the growth and well-being of children, youth, seniors, families, and other organizations and that builds the community spirit.

The individual and community benefits of this kind of project are well documented. The outcomes for individuals participating in recreation and cultural activities are physical and mental wellbeing, meeting new people, improves concentration and learning, enhances selfesteem and improved quality of life. The community benefits include reduction in antisocial behaviour, builds strong families and healthy communities, aids in environmental and ecological survival, reduces health care, social services, police & justice costs and is an economic generator.

## **Our Mission**

### WHY NOW?

Historically, the Narol Golden Age Club, Narol-Gonor Community Club and Narol Children's Centre shared space in the former Donald School facility on Henderson Highway. When it became evident that Donald School was no longer a viable, safe building, these groups along with other community members formed the South St. Clements Activity Centre, Inc. with the goal of developing a new community meeting place. These dedicated volunteer efforts precipitated the RM of St. Clements in commissioning a wellness/recreation needs and priorities assessment with strategic recommendations. The report identified that there is no public gathering space for wellness, recreation and cultural activities. The key recommendation of the study was to "build a community recreation centre and park which would serve a the focal point of the Community." Subsequently, the RM completed a feasibility study regarding the viability of a new activity centre with very positive results. St. Clements Park is the first step in moving toward a wellness/recreation destination for residents and visitors.

The RM is constantly growing with a population of 10,876 (2016 census) which resulted in a growth of 3.5% from the 2011 census. The municipality is large and consists of 730.11 sq. km and it has a population density per sq. km of 14.9. The municipality has small unincorporated communities within its boundaries, including Grand Marais, Libau, East Selkirk, Lockport, Gonor, Narol, Kirkness, Highland Glen and West Pineridge. The activity centre programs, services and opportunities will be designed to serve all the age groups in our community 10-14, 15.4%; 15 to 64, 68.2%; 65 and over 16.4% and over 85, 0.8%. The proposed project is situated in South St Clements, which has an estimated population of approximately 4,500 or 41% of the RM's population.







- Ice Skating / Tobogganing
- 2 Play Structure
- 3 Basketball
- 4 Walking Loop
- 5 BMX / Mountain Bike Trail
- 6 Small Skateboard Spot
- 7 Splash Pad
- 8 Beach Volleyball
- 9 Outdoor Fitness
- 10 Picnic Shelter
- Farmer's Market
- 12 Peddle Boats, Kayaking, Canoeing
- 13 Public Art
- 14 Frisbee Golf

# WITH YOUR HELP WE CAN DO IT

### REVENUE

Grants received - \$1,240,400 <u>Grants pending - \$3,200,000</u> RM contribution & fundraising - \$3,359,600



57%

The St. Clements Activity Centre and Park is being planned and implemented in phases.

**Phase 1 (complete)** - consisted of securing the land, site preparation, community engagement, conceptual design, and physical site preparation. Approximate cost \$500,000.

Phase 2 (underway) - completion of the outdoor area/park with amenities. Budgeted cost \$1,500,000.

Phase 3 (pending) - focuses on the final design, construction and programming of the activity centre. Estimated at \$6,300,000.

## Friends of the St. Clements Activity Centre and Park

Donors can support the development of the St. Clements Activity Centre and Park with a one time gift and/or a gift paid in increments over the next 3 years.

All donations over \$50.00 will receive a tax receipt. All donations over \$1,000 will be recognized.

These gifts will get the project to the starting line and help make the project a reality for the community.

Platinum \$50,000 Diamond \$25,000+ Gold \$20,000+ Silver \$10,000+ Bronze \$5,000+ Copper \$2,500+ Community \$1,000+ All Star \$999-

# Contact Information



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