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Welcome

to our first recreation newsletter to keep residents informed about local happenings. Newsletters will be published on the first of every month.

Send your recreation news and events by the 15th of the month to communications@rmofstclements.com.

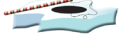
The Grand Beach & Area Development Corporation

Is proud to bring you the

2019 Grand Marais Family Walleye Fishing Derby

SATURDAY MARCH 9TH 2019

TIME: 11 AM TO 3 PM
(REGISTRATION STARTS AT 9:30 AM AT THE DERBY SITE)



1ST PLACE -\$1000.00
2ND PLACE -\$500.00
3RD PLACE -\$250.00



ADDITIONAL PRIZES FOR HIDDEN TIME & LENGTH!
Silent Auction
Pre Register Before March 1st For \$25.00 (Per Hole)

After that is \$30.00 (Per Hole)
Free Entry to Kids
14 & Under.

*when accompanied by a registered adult

MINI DONUTS & BEVERAGES WILL BE AVAILABLE FOR PURCHASE

REGISTER AT WWW.GRANDBEACHTOURISM.COM

AROUND ST. CLEMENTS

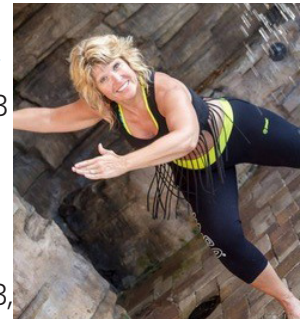
Our first-ever fitness classes are such a success we are offering a spring session when these classes are done AND offering a new evening class - Zumba! Classes cost \$64 for eight classes or \$10 to drop in. All classes are at Corpus Christi Church Hall at 5819 Henderson Highway.

Learn more at rmofstclements.com/fitness.

Moving With Muscle 55+: Tuesdays, April 23 to June 11, 9 - 10 am

Yoga/Pilates 55+: Thursdays, April 25 to June 13, 9 - 10 am

NEW! Zumba: Thursdays, April 25 to June 13, 6:30-7:30 pm



Zumba Certified Fitness Instructor Jan Keryluk

Kirkness Rink is open Monday to Friday from 5 to 10 pm and weekends/holidays from 10 am to 11 pm. Located on the north-east side of the Hwy 59 - Hwy 44 cloverleaf.

East Selkirk Slo Pitch League: New Slo Pitch league to start in May. More information at facebook.com/ESBeerPitchLeague.

St. Clements Heritage committee is looking for members. Contact info@redrivernorthheritage.com.

MARCH EVENTS More details on these events at rmofstclements.com/events/

Moving With Muscle 55+	Tuesdays until April 16	9 - 10 am	Corpus Christi Hall
Yoga/Pilates 55+	Thursdays until April 18	9 - 10 am	Corpus Christi Hall
Circle of Friends (seniors' program)	Fridays	1 - 3 pm	Gaynor Family Regional Library
Blood Donor Clinic	Tuesday, March 5	4 - 8 pm	Selkirk Rec Complex
Grand Marais Family Walleye Fishing Derby	Saturday, March 9	11 am - 3 pm	Grand Marais
Snowshoe Trek and Bonfire	Sunday, March 10	1:30 - 3:30 pm	Nimowin Trail, Birds Hill Park
Red River North Tourism AGM	Wednesday, March 27	6:30 pm	Gaynor Family Regional Library



Grooming the Snoman snowmobile trail beside Hwy 59

Trails, Trails, Trails

This winter many residents are enjoying the many trails in the RM of St. Clements including the Great Trail (formerly known as the TransCanada Trail), the Duff Roblin Trail, the many, multiple-use trails in adjacent Bird Hill and Grand Beach Provincial Parks, the Snoman snowmobile trails and even the Red River!

Remember, you must buy a pass to ride your snowmobile on the Snoman trails!

FISHING IN ST CLEMENTS

By David Obirek- The Fishing Journal Columnist & Red River North Tourism Fishing Ambassador

It's been a long, cold few months, but in true Manitoba fashion this hasn't stopped anglers from hitting the ice while battling the frigid temperatures.

The final month of the season is upon us and it's always an exciting time.

Anglers from near and far will be eager to experience Lake Winnipeg's "March Madness" with the chance of catching a legendary monster "greenback" walleye.

With recent snow, access to Lake Winnipeg has been difficult with only track vehicles and snowmobiles recommended at times.

Conditions change almost daily so if you're trying to access by truck, be sure you are prepared and have safety equipment packed in case you get stuck.

This would include recovery straps and shovels. Driving in pairs or convoys is advised.



Fishing Columnist David Obirek with a greenback pickerel

Ice cutting has already commenced on the Red River and crews will be making their way south towards Selkirk. Notices have already been placed on shacks in the immediate affected areas.

All other shacks on the river must be removed by March 10th with the remainder of the south division by March 31st which includes Lake Winnipeg.

The ice fishing season closes on April 1 in the south division and re-opens May 11.

If you wish to contact David, he can be reached by email at fishingjournal@selkirk@gmail.com.

FUNDING OPPORTUNITIES

Sport Manitoba Grants

Developmental grants to facilitate growth of athletes, coaches and officials at the community level.

For more information, contact Shannon Schade in Beausejour at 204-268-2172.



Arts Development Project Support

Grant for non-profit community groups to develop knowledge and skills in the arts or experience the work of professional artists.

Find more information at gov.mb.ca/chc/grants/arts/adps.html.

Questions about recreation in St. Clements?

Contact Rec Manager David Cain at recreation@rmofstclements.com

