## family-friendly

Enjoy a fantastically fun day with family and friends while helping a charity you know and love.

- Select from 10, 25 or 50 km distances to cycle, or a nice 5 km walk outside
- Enjoy rest stops, great volunteer support, and a yummy lunch
- All ages and stages are welcome to fundraise and participate
- Volunteer positions are also available for those who want to help out

### **RIDE**

**WALK** 

#### **VOLUNTEER**





## contact

If you have any questions about how the Ride works, or how to become a Partner Charity, or details about the Winnipeg Ride, please contact:

#### **Terry Martin**

Winnipeg RIDE Director Email terry@risingabove.ca Phone 204.371.5708



## **About the Event**

The Ride for Refuge is a national familyfriendly cycling and walking fundraiser that helps charities across Canada raise money for displaced, vulnerable and exploited people in Canada and around the world.

Since 2004, the RIDE has helped 350+ charities raise more than \$10,000,000.

We believe riding our bikes (or walking) can change the world.

Watch the video Ride for Refuge Wpg





## Saturday, Sept. 30, 2017

**When:** Registration opens at 8:30 am. Ride closes by 2:00 pm.

Where: Covenant Christian Reformed Church, 653 Knowles Ave. Winnipeg

**How:** Get on your bike for a 10, 25 or 50 km ride, or walk on a nice 5 km route.

**Cost:** \$25 before mid-Sept. \$40 after mid-Sept. Waive the fee by fundraising the minimum.

**Why: Fundraise** much-needed money for a participating RIDE charity partner. (You must be a member of a **team** to support a charity the team captain chooses the charity.)

# Registration Details

**Registration fee**: \$25 before mid-Sept. \$40 after mid-Sept.

Fundraise the minimum to waive the fee and earn a cool shirt.

• 18 and older: raise minimum \$150

• 10-17 yrs: raise minimum \$75

10 and under: no minimum

To Register: Go to rideforrefuge.org

· Search for a team to join or

 create a team and choose a participating RIDE partner charity

## about our cause

#### **Passion for People**

The Ride for Refuge helps some remarkable charities raise much needed money for their tireless and determined work with **displaced**, **vulnerable**, **and exploited** people around the world.

The RIDE requires all charities to apply for participation in our RIDE Charity Grant Program and each charity must fit both the people criteria above and the program criteria below:

- · Relief & Aid:
- Development & Reconstruction
- Food & Water
- Shelter & Housing
- Medical & Dental
- Education & Tuition
- Settlement & Acclimatization
- Counsel & Legal

