



St. Clements  
The place to be

# Recreation Newsletter

April 2024



1043 Kittson Rd, East Selkirk MB

Phone: (204)-482-3300

E-mail: [recreation@rmofstclements.com](mailto:recreation@rmofstclements.com)

## Announcements



Spring has sprung and recreation in the RM is about to kick into high gear! There are plenty of exciting activities coming down the pipeline for residents to enjoy! There is lots to look forward to as we begin to get into warmer months!



Its time to get outside! Try using one of the many hiking trails in the area and get moving! It is important to stay active and keep your body moving! Did you know you can burn upwards of 350 calories hiking for just one hour on a relatively flat trail!



Summer day camp is around the corner! Keep your eyes peeled for registration information! Registration will be opening in the middle of April! You can register your child by emailing [recprograms@rmofstclements.com](mailto:recprograms@rmofstclements.com), or calling the office!

## FoodCycler Program

The RM began a Foodcycler Program! Food Cyclers are meant to eliminate food waste!



Food Cyclers are still available! Residents can purchase a second one! Contact the RM office if you would like to purchase! Available while supplies last.



# Recreation Programs and Classes

The RM Recreation Department will be putting on a career fair which will allow high school and university students to see what careers are out there for them whether that be summer employment or beyond!

**Date: April 11th**

**Time: 5:30pm-8:00pm**

**Location: 711 Old Henderson Highway**

**Cost: Free!**

RM OF ST. CLEMENTS

## JOB FAIR

April 11th, 2024  
5:30 PM - 8 PM  
711 Old Henderson Hwy  
**FREE ENTRY**

Find seasonal or permanent employment opportunities!  
Meet employers from many sectors and get a head start on your career!



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## GARDENING WORKSHOP

LEARN THE BASICS AND SHARE YOUR KNOWLEDGE!

APRIL 12TH, 12PM-1PM + 5PM-6PM

ZOOM COURSE. FREE TO JOIN

REGISTER AT: [RECPROGRAMS@RMOFSTCLEMENTS.COM](mailto:RECPROGRAMS@RMOFSTCLEMENTS.COM)



The RM Recreation Department is offering a gardening workshop! Join us to learn tips and tricks on how to improve your veggies, flowers, or whatever you may be gardening!

**Date: April. 12**

**Time: 12pm-1pm + 5pm-6pm**

**Location: Zoom Course**

**Cost: Free!**

The Maple and Mushroom class is a workshop on how to tap maple trees and learning about what mushrooms can be utilized as food and which can't!

**Date: April. 16**

**Time: 7pm-8:30pm**

**Location: 711 Old Henderson Highway**

**Cost: \$10.00 per person**

## Maple & Mushroom

Learn how to tap your own maple/birch trees and how to grow shiitake mushrooms!

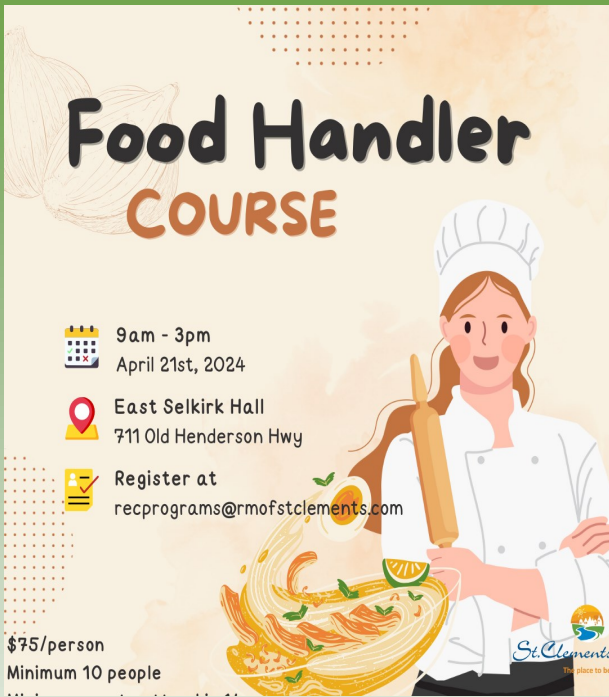
711 Old Henderson Hwy  
April 16  
7pm-8:30pm  
\$10/person  
minimum 10 people

register at:  
[recprograms@rmofstclements.com](mailto:recprograms@rmofstclements.com)



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**Food Handler**  
**COURSE**

9 am - 3pm  
April 21st, 2024

East Selkirk Hall  
711 Old Henderson Hwy

Register at  
[recprograms@rmofstclements.com](mailto:recprograms@rmofstclements.com)

\$75/person  
Minimum 10 people

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The RM Recreation Department is putting on a Food Handler course! Come and get your certification and have something new to put on your resume!

**Date: April. 21**

**Time: 9am-3pm**

**Location: 711 Old Henderson Highway**

**Cost: \$75.00 per person**

## All Month long Clean up Kits!

Come by the Rm office for a FREE clean up kit! Each Kit contains gloves, garbage bags, and Recycle Everywhere bags! Come and embrace Earth Day and help clean up your community!





# Recreation Facilities

## East Selkirk Hall



Location: 711 Old Henderson Hwy  
East Selkirk

Contact Info: (204)-482-4786

Available for weddings, socials,  
birthday parties, anniversaries,  
showers, or come and go events!

## East Selkirk Recreation Association



Location: 1145 Strathcona Rd East  
Selkirk

Contact Info: (204)-785-2364 or  
online contact form at  
[www.eastselkirkrec.com](http://www.eastselkirkrec.com)

Ice rentals, baseball diamonds, soc-  
cer fields, and club house with res-  
taurant

## Libau Community Club



Location: Rd 86 N Libau

Contact Info: (204)-481-2712

Community events, bookings, out-  
door recreation and play!



# Stead Community Club



Location: 96134 Stead Rd, Stead  
Contact Info: (204)-635-2215  
Club rentals, outdoor space and  
located near lakes and trail systems.

# Stony Pointe Community Centre



Location: 319 rd near the junction of  
Rd 37 E  
Contact Info: (204)-635-2308  
Rental space for weddings, socials,  
showers, and other events

# Grand Marais Community Central



Location: 36058 Highway 12, Grand  
Marais  
Contact Info: (204)-754-3596  
Information centre, community  
events, fitness centre, museum, out-  
door recreation and play, and lake  
life aquarium



# Grand Marais Recreation Centre



Location: 90 Matilda Ave, Grand Marais

Contact Info: (204)-754-2325

Rental Space for socials, outdoor recreation, events, and Bingo.

RECREATION





# Community Programming and Events



**PANCAKE BREAKFAST & CANDY SCRAMBLE**  
SUNDAY, APRIL 7TH 2024

Meet The Easter Bunny, Fun Crafts, Candy Scramble, Yummy Pancake Breakfast

**PANCAKE BREAKFAST 10 am-12 pm**  
ADULTS: 3 PANCAKES, 3 SAUSAGES, CHOICE OF COFFEE/TEA OR JUICE \$10  
KIDS: 2 PANCAKES, 2 SAUSAGE CHOICE OF MILK OR JUICE \$5  
**CANDY SCRAMBLE BEGINS AT 12 pm**  
ENTRANCE BY DONATION

Libau Community Centre is putting on an Easter egg hunt and pancake breakfast! Come out and enjoy delicious pancakes and then use that food fuel to find all the eggs you can!

**Date: April. 7**

**Times: Pancake breakfast from 10:00am-12:00pm and Egg hunt from 12:00pm-2:00pm**

**Location: Libau Community Centre**



**Moving Strong, Free, and Easy with Sara**

Dates: Every Wednesday From April. 3-May. 8  
Time: 1:00pm-2:30pm  
Location: Grand Marais Community Central  
Cost: Members \$50.00, Non-members \$60.00

Email [gmdseniors@gmail.com](mailto:gmdseniors@gmail.com) for sign-up. Leave your name and phone number.

This course is geared toward older, active adults. Participants will learn and practice exercise techniques and strategies to strengthen and maintain healthy joints, muscles, and connective tissue for strong pain free healthy movement. After six weekly classes, you will leave with the knowledge and tools for **MOVING STRONG, FREE & EASY** into your active future.

**Date: Every Wednesday from April 3-May 8**

**Time: 1:00pm-2:30pm**

**Location: Grand Marais Community Central**

**Cost: Members \$50.00 Non-member \$60.00**



**Community Volunteer Income Tax Program**

Date: April. 16 and April. 20  
Time: 12:00pm-2:00pm  
Location: Grand Marais Community Central

Returns will be completed during the week and available for pickup the following Saturday

The Grand Marais Seniors are offering a free income tax preparation again this year. CVITP works with CRA to offer **free tax preparation for lower income seniors, singles or families** with simple tax returns. Eligibility is extended to 1 income of \$28,339, 2 persons income of \$35,282, to 7 persons at \$74,998.

**Dates: April. 16 and April. 20**

**Time: Drop off Tax information between 12:00pm and 2:00pm**

**Location: Grand Marais Community Central**



# Beading Made Easy With Bernie

**Dates: April 16, 23, and 30**  
**Time: 7:00pm**  
**Location: Grand Marais Community Central**  
**Cost: Members \$50.00 Non-members \$60.00**

2 options Earrings or pins, all materials supplied, Email: [gmdseniors@gmail.com](mailto:gmdseniors@gmail.com) or call Roberta 431 228 3034 after April 2

All ages are welcome. Just in time for Mother's Day. Have you always wanted to make your own earrings or moccasins? This could be the start of your own business!

2 options: earrings or a pin. All materials are supplied

**Dates: April 16, 23, and 30**  
**Time: 7:00pm**  
**Location: Grand Marais Community Central**  
**Cost: Members \$50.00 and Non-members \$60.00**

**Register by email [gmdseniors@gmail.com](mailto:gmdseniors@gmail.com) or call Roberta (431)-228-3034**

## Grand Marais Community Centre Walking Club



**Date: Every Monday, Wednesday, and Friday**  
**Time: 9:00am-11:00am**

Grand Marais Recreation Association has a walking club that takes place every Monday, Wednesday, and Friday of the month. Coffee will also be provided!

**Date: Mondays, Wednesdays, and Fridays**  
**Time: 9:00am-11:00am**  
**Location: Grand Marais Recreation Centre**

## Fundamental Fitness with Natasha



**Date: Tuesdays**  
**Time: 10:00am**  
**Location: Grand Marais Recreation Centre**

Fundamental Fitness with Natasha! Anyone can sign up! Beginner, low impact to active intermediate. Check out Fundamental Fitness on Facebook or drop in.

**Date: Tuesdays**  
**Time: 10:00am**  
**Location: Grand Marais Community Centre**



**Grand Marais Recreation Centre is looking for someone to host Wednesday night Cribbage! If interested call (204)-754-2325**



# Jackpot Bingo!



**Date: Every Tuesday**

**Time: Doors Open @ 5:00pm First Game @ 7:00pm**

**Location: Grand Marais Recreation Centre**

Grand Marais Community Centre hosting Jackpot Bingo! Every Tuesday night!

NEW Dinner Specials every week! For more information check out their Facebook page!

**Date: Tuesdays**

**Time: Doors open at 5:00pm games begin at 7:00pm**

**Location: Grand Marais Recreation Centre**

# Fill Your Freezer

Monthly Draws  
to Win \$200.00 worth of  
Meat to Fill Your Freezer!

Grand Marais Recreation Centre will be starting a monthly Fill the Freezer draw! First draw will be in April! Prize worth \$200.00 and limited tickets are available.

# EAST SELKIRK SOCCER

**REGISTRATION  
OPENS - FEB. 20TH  
CLOSES - MARCH 31ST**

**TIMBITS (U4 & U6)  
BORN 2018-2021**

**YOUTH (U8 & UP)  
BORN 2007 - 2017**

**ONLINE REGISTRATION @ EASTSELKIRKREC.COM**

Follow Us:    
eastselkirkrecreation

The East Selkirk Recreation Association is still accepting soccer registration! There is a late registration fee of \$30.00 applied to the registration fees already in place. **More information available on the ESRA website [Soccer Registration Info | Esra \(eastselkirkrec.com\)](http://eastselkirkrec.com)** .

Grand Marais Community Central  
36058 Hwy12, Grand Marais, Mb

AT THE BEACH  
**ARTISAN**  
*Festival*

SUNDAY, JUNE 30  
10 am till 4 pm

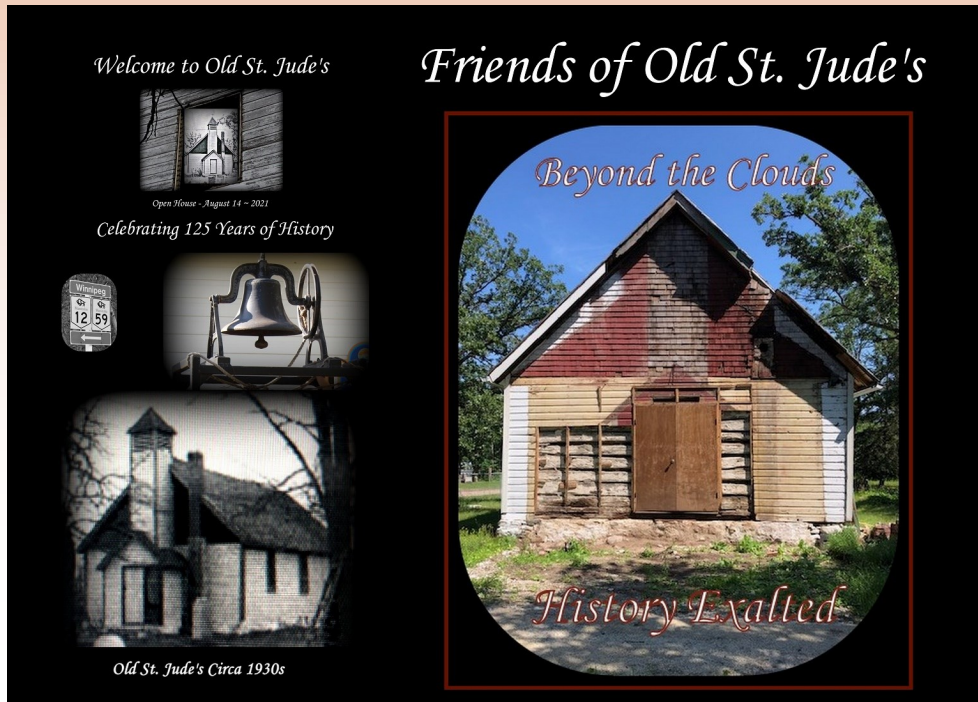
MAKERS MARKET FOOD FUN

For updates and information regarding the Festival please check our webpage, grandmaraiscommunitycentral.ca or call 204-754-3596 Applications for the handmade market tkress@gmail.com

Grand Marais Community Central & RV Park is seeking Makers to participate in their "At the Beach Artisan Festival" on Sunday, June 30th from 10:00am-4:00pm. Please email [tkress@gmail.com](mailto:tkress@gmail.com) for additional information and an application.



# Featured Location!



This month's featured location is Old St. Jude's! Old St. Jude's is a heritage site in the RM of St. Clements. It is home to a historic church and is located in Grand Marais. The site is excited to begin reconstruction on the vestibule. This will hopefully bring the small porch and bell tower back to what it was originally intended for! Come for a drive and check it out for yourself!





# Contact Us!

We want to hear from you! Please do not hesitate to contact us about any recreation activities or even suggestions on what you may want to see! Our Recreation Manager wants to hear from you, the residents of the Municipality!

**Email Brenden at:** [recreation@rmofstclements.com](mailto:recreation@rmofstclements.com)

